



COURSE OVERVIEW

Marijuana Awareness

- ✓ Available in workbook
- ✓ Available in eLearning

ITEM # W 115



COURSE DESCRIPTION

This course presents the possible negative effects of using marijuana, allowing individuals to make more informed decisions on whether to use or not.

The marijuana awareness course is presented in a story format. It follows the lives of several people who use marijuana and the results of their usage. Its focus is to offer cognitive thinking skills that will allow the person to make correct decisions concerning their usage. It avoids contention and allows the individual to make their own decisions.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Risk of marijuana abuse
- Personal responsibility
- Self-awareness
- Positive subconscious thoughts
- Pro-social values



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a peer or mentor
- **Group**—To be completed in a group setting with a facilitator
- **Hybrid**—A combination of self-directed learning and group instruction



COURSE INFORMATION

Course Format: eLearning and Printed Workbook

eLearning Length: 600 Slides

Scientific Model: Cognitive Restructuring

Author and Publisher: ACCI Lifeskills

Item Number: W 115

Workbook Pages: 48

Course Length: ~10 hours



COURSE CONTENT

UNIT 1: TRISTAN

Follows the life of Tristan as he struggles with marijuana and other drugs.

UNIT 2: MARIJUANA

Discusses the mental and physical effects of using marijuana.

UNIT 3: COLTON

Fictional account of people struggling with their addictions.

UNIT 4: FREEDOM VS CAPTIVITY

Consequences of choosing to use illegal drugs.

UNIT 5: RECOVERY

Discusses recovery from drug addiction in a story format.

UNIT 6: COGNITIVE THOUGHTS

Demonstrates how thoughts precede behaviors.

UNIT 7: MANAGING LIFE

Responsibility and pro-activity.



CRIMINOGENIC NEEDS MET

1. Antisocial cognitions
2. Antisocial companions
3. Antisocial personalities
4. Family relationships
5. Addictions



LEARNING ACTIVITIES

Self-assessments | Role playing
Knowledge check | Self-reflection
Scenario-based learning | Focused journaling | Discussion with coach
Application and skill building